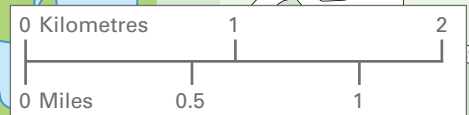
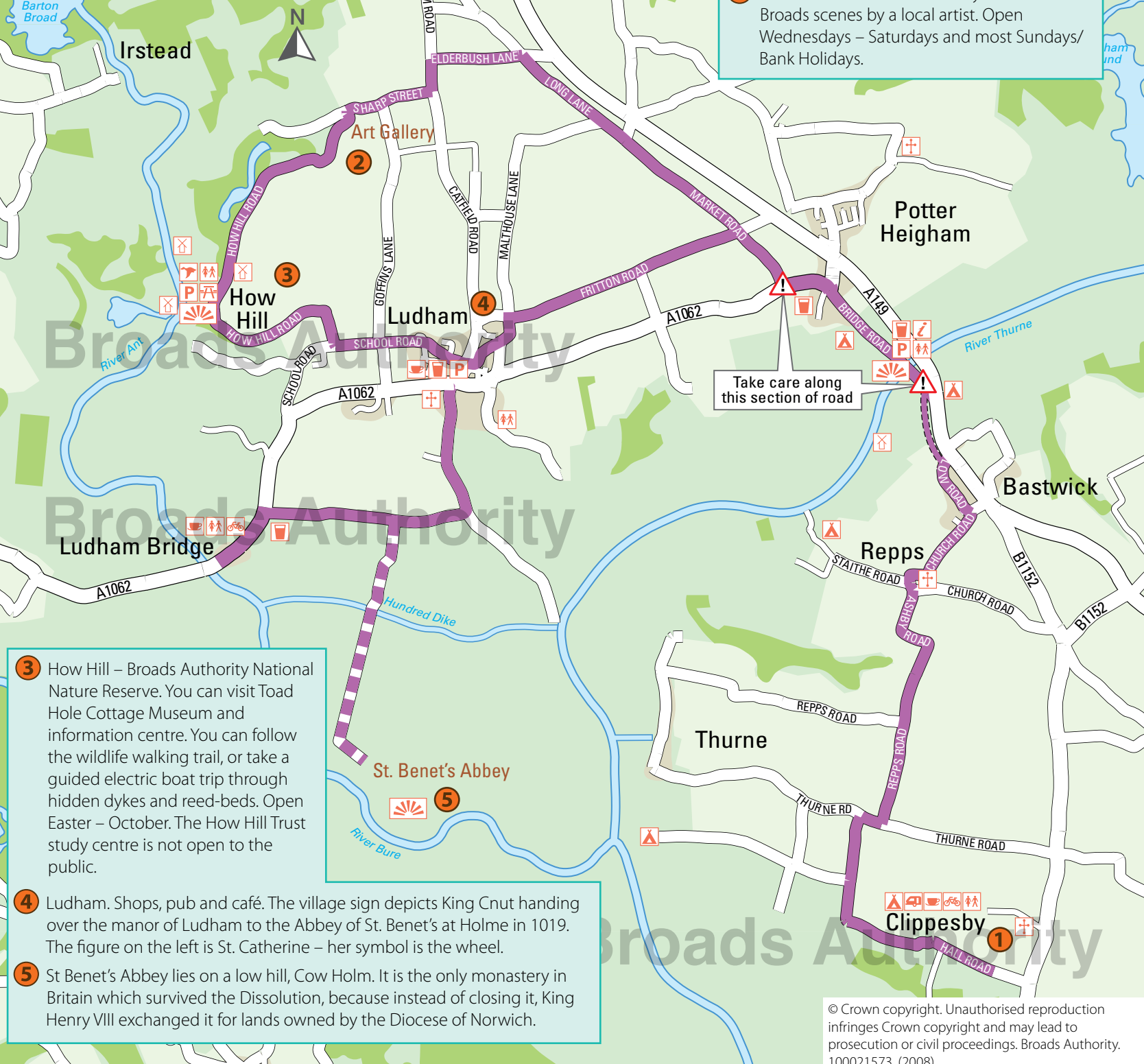


● Distance: 14.5 miles (23.3 kilometres) ● Time: 1½ - 2 hours



- 1 Clippesby Hall Holiday Park: cycle hire centre; coffee shop: Open Easter – end October.
- 2 Grove Farm Studio and Gallery. Features Broads scenes by a local artist. Open Wednesdays – Saturdays and most Sundays/ Bank Holidays.



- 3 How Hill – Broads Authority National Nature Reserve. You can visit Toad Hole Cottage Museum and information centre. You can follow the wildlife walking trail, or take a guided electric boat trip through hidden dykes and reed-beds. Open Easter – October. The How Hill Trust study centre is not open to the public.
- 4 Ludham. Shops, pub and café. The village sign depicts King Cnut handing over the manor of Ludham to the Abbey of St. Benet's at Holme in 1019. The figure on the left is St. Catherine – her symbol is the wheel.
- 5 St Benet's Abbey lies on a low hill, Cow Holm. It is the only monastery in Britain which survived the Dissolution, because instead of closing it, King Henry VIII exchanged it for lands owned by the Diocese of Norwich.